

Burton Road Primary School

PE Activity Time

Lesson Allocation:

Children now come to school changed in order to maximise activity time. Every class is allotted two PE sessions per week, at least one with a specialist teacher. The aim is to provide the recommended 2 hours, as closely as we can within the school timetable.

Activity Time:

Whilst it varies between units or tasks, children should be active for the **maximum amount of time possible within PE**. The aim is for children to be active for **80% of the lesson time** (min 50%). Children are physically active as much as possible, with swift but appropriate transitions between instruction, demonstration, practice and feedback. Time must be dedicated to practice in addition to general activity. Non-active time should still be purposeful to achieving the curricular aim.

Class	Lesson 1	Lesson 2	Total Time
1	30min	30min	1 hr
2	30min	30min	1 hr
3	10.45-11.45am	2.20-3.15pm	1 hr 55
4	2.30-3.15pm	2.30-3.15pm	1 hr 50
5	10.45-11.45am	1.00-2.00pm	2 hrs
6	1.15-2.10pm	2.20-3.20pm	1 hr 55
7	2.20-3.20pm	1.15-2.10	1 hr 55
8	9.20-10.30pm	1.15-2.10	2 hrs 5
9	2.20-3.20pm	11.00-12.15pm	2 hrs 15
10	Pupils currently access P.E with class 12 or class 8		
11	1.15-2.15pm (lessons alternate between session times)	2.30-3.20pm	1 hr 50
12	1.15-2.15pm (lessons alternate between session times)	2.30 -3.20pm	1 hr 50